

Display the most current Release Preference poster in your shop and direct the skier to use it. This is an important part of the system adjustment process and makes the skier an active participant in the adjustment process.

Please note:

- Release Preference is **NOT** the same as Skier Ability
- Determining Release Preference is the skier's responsibility

Release Preference

DETERMINING YOUR RELEASE PREFERENCE IS YOUR RESPONSIBILITY

Your Release Preference, height, weight, age, and boot sole length are used by the shop technician to determine the release/retention settings for your bindings. Consult these descriptions to select your Release Preference. Be sure to provide accurate information. Errors may increase your risk of injury.

	SKIERS NOT CLASSIFIED AS TYPE I OR TYPE III.	
TYPE I	TYPE II	TYPE III
ENTRY-LEVEL SKIERS WHO ARE UNCERTAIN OF THEIR PREFERENCE	MOST SKIERS ARE SATISFIED WITH A TYPE II SETTING	SKIERS WHO DESIGNATE THEMSELVES AS A TYPE III RECEIVE HIGHER THAN AVERAGE RELEASE SETTINGS
Entry-level skiers and skiers who designate themselves as Type I receive lower than average ski binding release settings . This corresponds to easier ski binding release in a fall.	Skiers who designate themselves as Type II receive average ski binding release settings appropriate for most recreational skiing.	This corresponds to decreased risk of inadvertent binding release and increased risk of non-release. This classification is not recommended for skiers 47 lbs. (21 kg) and under.

If from experience, you have been dissatisfied with the release/retention settings that result from your release preference, mention this to your binding technician.